

Loudoun Soccer Rising 9U Travel

Parent Meeting Presentation

April 8, 2019



DEVELOPING CHAMPIONS FOR LIFE!

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Introduction

- **Tonight's Speakers:**
- John O'Hara, Travel Director of Coaching
- Dan Raben, Director of Player Development
- **Please hold questions to the end**
- **Presentation will be posted**

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Loudoun Soccer Mission and Philosophy

- **To create soccer players, coaches, and teams of strong character, committed to achievement on the field and in our community.**
- **“Developing Champions for Life”**

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Loudoun Soccer Core Values

- **Fun! It's why we play**
- **Integrity – Character and Principled**
- **Fairness – Sportsmanship and Inclusiveness**
- **Teamwork – Stronger Together**
- **Stewardship – of the Game and the Community**





PLAYER DEVELOPMENT PATHWAY

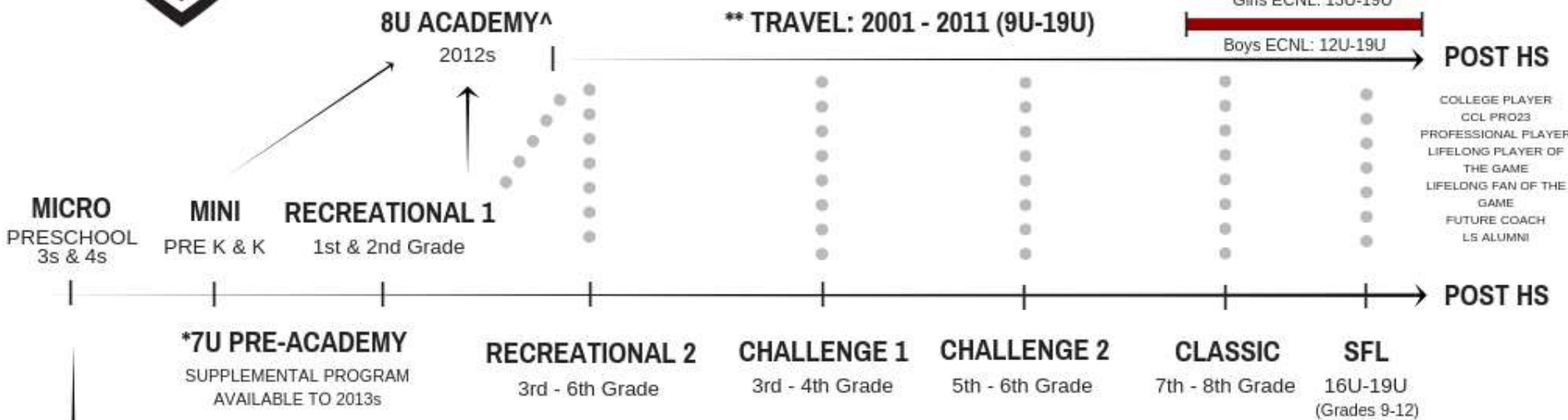
2019-20

HS AGE PLAYER OPPORTUNITIES

- COLLEGE SHOWCASE
- COLLEGE ID CAMP
- HIGH SCHOOL SCHOLARSHIPS
- JUNIOR BOARD OF DIRECTORS
- JUNIOR COACHING SCHOOL OF EXCELLENCE

TRAVEL COMPETITIONS

- ELITE CLUBS NATIONAL LEAGUE
- CCL
- NCSL
- ODSL
- VA STATE CUP
- NATIONAL LEAGUE



TOPSoccer
SPECIAL NEEDS
ALL AGES 3-19

REC ALL-STARS^{*} 2008-2011
SUPPLEMENTAL PROGRAM OPEN TO REC 2, CHAL 1, CHAL 2 PLAYERS.

RECREATIONAL TECHNICAL TRAINING ACADEMY^{^^}
SUPPLEMENTAL PROGRAM OPEN TO REC 1 (GRADE 2 ONLY), REC 2, CHAL 1, CHAL 2, CLASSIC, & SFL PLAYERS.

^{*} TRYOUTS ARE REQUIRED FOR THE 7U PRE-ACADEMY AND REC ALL-STARS. THESE ARE SUPPLEMENTAL PROGRAMS.

^{**} UPON A SUCCESSFUL TRYOUT, ANY PLAYER MAY JOIN TRAVEL AT 9U-19U. TRYOUTS TYPICALLY OCCUR IN MAY & JUNE.

[^] UPON A SUCCESSFUL TRYOUT, PLAYERS MAY BE SELECTED FOR THE 8U ACADEMY. THE 8U ACADEMY IS A SEPARATE PROGRAM WITH ITS OWN SCHEDULE AND GAMES.

^{^^} REC TECHNICAL TRAINING ACADEMY IS A SUPPLEMENTAL PROGRAM AVAILABLE TO ALL 2nd-12th GRADE PLAYERS AT ADDITIONAL COST. NO TRYOUTS.

! - TRAVEL, 7U PRE-ACADEMY, 8U ACADEMY, REC ALL-STARS, AND SFL ARE ORGANIZED BY BIRTH YEAR



TECH STAFF



Mark Ryan

Technical Director



Evans Malyi

Ast TD/ECNL Director



John O'Hara

Director of Coaching



Dan Raben

Director of Player
Development



Dave Scruggs

Director 9U-12U



Maurice Hughes

Development
Academy Director



Dave Bucciero

Goalkeeper Director,
Director of College
Placement



Rae Ann Taylor

Elite Programs
Liaison



Daryn Patricio

Minis Soccer &
TOPS Director



Patrick Ramos

Futsal Director

Loudoun Soccer Strengths

- **Technical Staff**
- **Coaches**
- **Facilities**
- **Defined Player Pathway**
- **Culture – Champions on and off the field**
 - Jr Board of Directors
 - TOPSoccer Buddies
 - Jr Coaching School of Excellence
 - Volunteer Opportunities
 - HS College Scholarship Program

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Loudoun Soccer Strengths

- **Club Curriculum**
- **Multiple teams in every age group**
 - Levels of play/train together
 - Ability to move between teams as development occurs
- **Access to multiple leagues/levels of competition**
- **Elite Clubs National League (ECNL) for Boys (13U+)**
- **Elite Clubs National League (ECNL) for Girls (13U+)**

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Loudoun Soccer Strengths

- **Supplemental Year Round Programs**
 - Training Academy (Wed Night Club Training) – Fall and Spring
 - Winter Club Training Day – Sundays
 - GK Academy
- Summer (EDP, Day Camps, Resi Camp), Winter, Spring Break supplemental programs
- Striker Academy – Fall and Spring
- Winter Futsal League
- Speed and Agility Programs

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Loudoun Soccer Strengths

- **Operations, Administrative and Park Staff support**
- **Our own facility and club house**
- **Commitment to internal and external coaching education and professional development (USSF, United Soccer Coaches, UEFA, VYSA)**



Loudoun Soccer Strengths

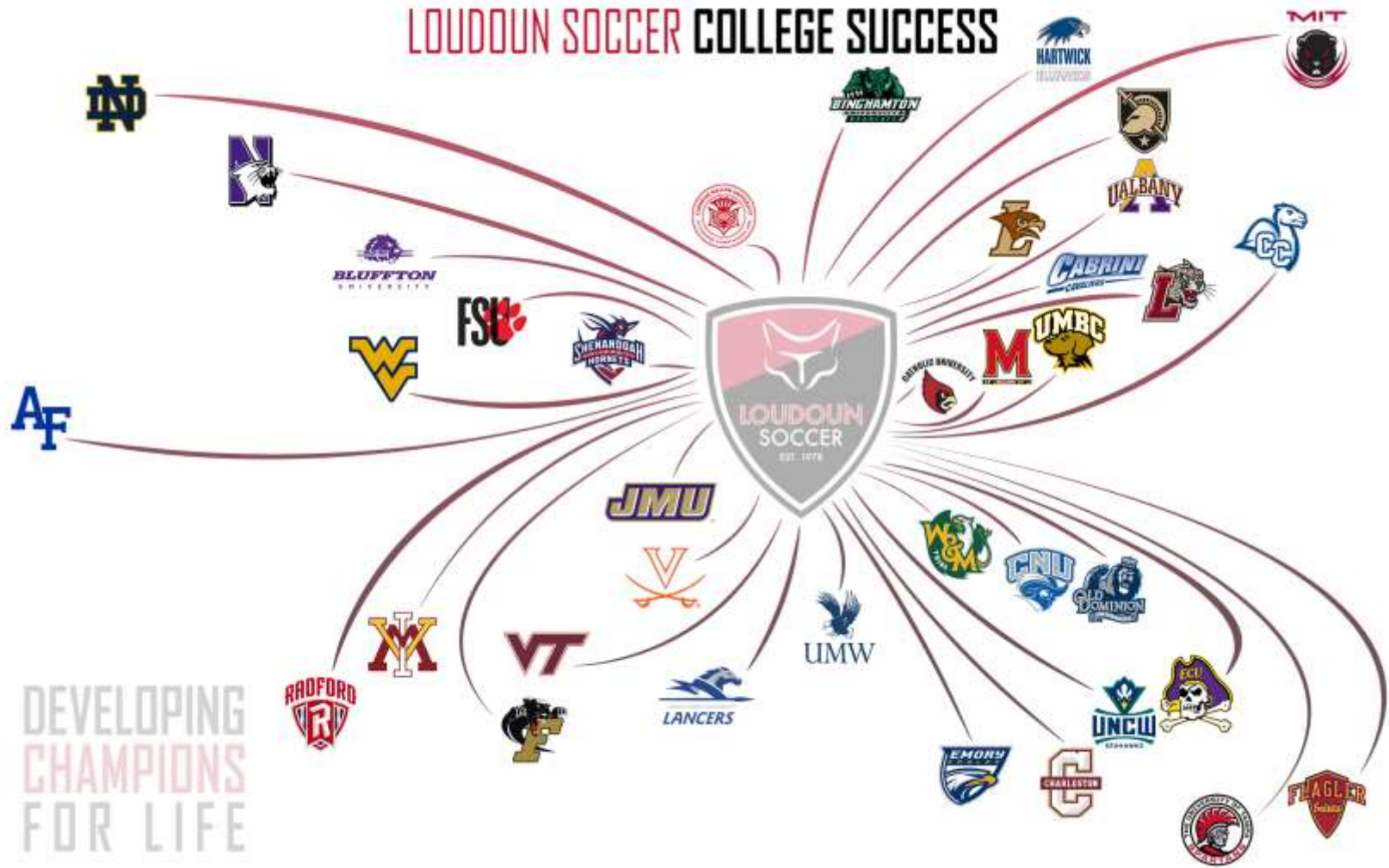
- **Sustained success at older age groups**
 - State, Regional, and National champions
 - Players advancing to College, Professional, and National Team play
 - Over 100 players committed to play in college since 2014
 - Class of 2018 includes Notre Dame, UVA, VA Tech, Northwestern
 - Class of 2019 includes VT, JMU, ECU, Lehigh, Army, MIT
 - Whitney Church (91G Red) – Houston Dash
 - Collin Verfurth (95 B Red) – Loudoun United
 - Sam Golan and Colin Shutler (98B Red) – 19U National Team

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LOUDOUN SOCCER COLLEGE SUCCESS



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DCU Partnership: Pathway to Pro (P2P)



#24 COLLIN VERFURTH

HEIGHT: 6-4

WEIGHT: 185

HOMETOWN: Ashburn, VA

BIRTHDATE: March 8, 1996

Collin Verfurth is a midfielder from Ashburn, VA., and joins Loudoun United after attending Virginia Tech University. In his four years at Virginia Tech, Verfurth scored 9 goals with 43 shots on goal. His senior year he scored four goals for eight points on the season including two game-winners.



9U Travel Soccer

- **12 players maximum roster size**
 - 11 players is average
- **7v7 on the field (6 field players, 1 GK)**
- **30 minute halves (league play)**
- **Size 4 ball**
- **Approx. 50x70 field size**
- **6.5 x 18.5 goal size**
- **Professional coaches for Red, Black, White, Silver, Gray, Gold teams**
- **Loudoun Soccer manages all coaching hiring and assignments**



Player Development Emphasis

- **Technical (dribbling, passing, receiving, finishing, etc.)**
- **Tactical (decision-making, vision, etc.)**
- **Functional (positional awareness and roles)**
- **Tactical classroom/Team Building activities**
- **Agility and conditioning**
- **Body recovery & nutrition advice**
- **Playing time: fair but not equal – based on attendance, attitude, effort, and performance in training and games.**



9U Travel Curriculum

- **Individual Technical Skill Development**
- **Understanding of 1v1s – A – D - Combination Play**
- **Development of early understanding of team technical and tactical play**
- **Provide players opportunity to make decisions**
- **Understanding of 4 Moments of the game – attacking, defending, and transition from each**
- **Encourage risk taking/creativity**
- **Learn to compete**



Age Group Structure

- **Loudoun Soccer has a Team Color Structure in place**
 - Players selected from tryouts to team for the year
 - Collaboration among coaches, teams and players
- **Assignment and balancing of players will be determined during Tryouts**
 - Red
 - Black
 - White
 - Silver
 - Gray
 - Gold
 - Teams formed based on player pool dictates



Travel Team League Play

- **Rising 9U (2011s) and Rising 10U (2010s)**
 - 2 teams from each gender in CCL Next Gen (Red & Black)
 - 2 teams from each gender in NCSL (White and Silver)
 - 2 teams from each gender in NCSL or ODSL (Gray/Gold)
- **Rising 11U-17U**
 - 1 team from each gender in CCL Division I (Red)
 - 1 team from each gender in CCL Division II (Black)
 - 2 teams from each gender in NCSL
 - 5th team in ODSL
- **Rising 18U-19U**
 - 1 team from each gender in CCL Division I (Red)
 - Remaining teams in NCSL



Elite Level Play

- **Boys ECNL**
 - 13U-18/19U (2007-2001)
- **Girls ECNL**
 - 13U-18/19U (2007-2001)



Rising 9U Seasonal Commitment

- **Summer (May-July)**
- **Fall (August-November)**
- **Winter (December-February)**
- **Spring (March-May)**



Summer (May-July)

- **May:**
 - Tryouts and team selection
- **June:**
 - Post tryout training/team building (1-3 sessions)
 - Post tryout parent meeting
 - Downtime – club-wide break from soccer
 - Supplemental camp programs available
- **July:**
 - 1-2x training during week
 - Informal team sessions
 - DO NOT adjust vacation plans for these sessions



Fall (August-November)

- **August (pre-season):**
 - 1-2x training per week early in month (similar to July)
 - Pre-season mini camp (usually week of 8/5 or 8/12 – varies by coach)
 - Tournament and/or scrimmage-fest: Loudoun Premier Cup Aug 16-18
 - 2x team training begins (week of 8/19)
 - Wednesday Training Academy begins (8/29) – 3rd night of training
- **September-November**
 - 2x team training and Wed TA (3 nights per week)
 - 1x games (typically Sunday although some Saturdays)
 - Optional GK Academy and Striker Academy
 - Tournaments: Labor Day or Columbus Day Weekends, end-of-season event in Nov (before Thanksgiving)



Winter (December-February)

- **December (may include some of Nov depending on tournament date)**
 - Break from soccer
 - End of season team party
 - Indoor/futsal league play may begin
- **January-February**
 - 1x club training (8 Sundays, in area gyms)
 - 1x weeknight team training (indoor/outdoors, LSP) – varies by team
 - Indoor/futsal league



Spring (March-May)

- **March (pre-season)**
 - College Showcase (volunteer commitment) March 6-7
 - 1-2x training per week
 - 1-2 tournaments (McLean, Arlington, Alexandria, Stafford)
- **April-May**
 - Similar to Fall: 3x week training (2 team, 1 club)
 - 1-2x games per weekend (Saturday and/or Sunday due to shortened season)
 - Optional GK and Striker Academy
 - Potential Mem Day weekend tournament
- **May/June**
 - Tryouts for following year



9U Training Locations/Times

- **Team Training (Summer/Fall/Spring):**
 - Leesburg and Ashburn areas (LSP, Bolen Park, Ray Muth, Potomac Green)
 - Usually 5-6:30 PM or 6:30-8 PM (varies by coach)
 - Typically M/Th or Tu/Th (varies by coach) – on rare occasions teams may train on Fri
 - Age Group Training on Thursday (all rising 9U teams at same time/location)
- **Club Training**
 - Wed Night Training Academy (Fall and Spring):
 - At LSP
 - 4:45-5:55 PM or 6:10-7:20 PM
- **Winter (Sundays):**
 - In area school gyms (generally Leesburg/Ashburn)
 - Typically late morning or early afternoon



9U Game Locations/Times

- **Most games on Sundays (some Saturdays)**
- **Home Games**
 - Usually LSP, Bolen, Potomac Green, Byrnes Ridge
 - Typically morning or early afternoon
- **Away games:**
 - DC Metro area (30-60 mins away)
 - Times vary due to host club field permits
- **Tournaments:**
 - DC Metro area
 - 2 games on Sat, 1-2 games on Sun



In-Season Supplemental Programs

- **Training Academy (TA) – Wed Club Training Night**
 - Teams assigned to different coaches
 - Technical focus and club atmosphere
 - Included in fees (7 weeks per season)
- **GK Academy – Mondays at LSP**
 - Led by Dave Bucciero (GK Director)
 - 2 players per week attend
 - Included in fees
- **Striker Academy – Fridays at LSP**
 - Led by Roberto Parada
 - Supplemental fee



Off-Season Supplemental Programs

- **Summer Training Series**
 - Travel Summer Day Camp
 - Residential Camp
- **Elite Development Program (EDP) – Summer and Winter**
 - Created to help improve individual skills and self-confidence on the ball
 - 10 sessions over 4-5 weeks
 - Emphasis on Speed and Agility; Ball mastery and Technical skill repetition; and Shooting/Small sided games
- **Holiday Break Camps**
- **Speed Agility training**



2019-20 Details

- **Coaching Staff**
- **Expectations: Coaches, Players, and Parents**
- **Fees**
- **Tryouts**



Rising 9U Girls Coaches

- **Dan Raben (11G Red)**
- **Jenny Taylor (11G Black)**
- **Ellie Zoepfl (11G White)**
- **Todd Prouty (11G Silver)**
- **Erin Holden (11G Gray)**
- **Dominic Rutan (11G Gold)**



Rising 9U Boys Coaches

- **Chris Pruden (11B Red)**
- **Dan McDonough (11B Black)**
- **Robert Legg (11B White)**
- **Dave Kurowski (11B Silver)**
- **Timi Mulgrew (11B Gray)**
- **Kent Legg (11B Gold)**



Coach Expectations

- **Display professionalism at all times at both practices and games**
- **Be a leader for the players and parents**
- **Be an effective communicator**
- **Be fair and honest, and have integrity**
- **Remember we are coaching children**
- **Promote a developmental model consistent with the club's philosophy**



Player Expectations

- **Attend practices and games**
- **Be on time for practice**
- **Have your equipment (shin guards, ball, water, correct training gear)**
- **Be a good teammate**
- **Work hard and try your best**
- **Win, Lose, or Tie – shake hands and say “well played” (good sportsmanship)**
- **Respect your teammates, opponents, coaches, referees, and spectators**



Parent Expectations

- **Be a positive, supportive role model for your child, the team, your club, and your coach**
- **Refrain from sideline coaching**
- **Volunteer for positions for your team and/or the Club**
- **Communicate questions and issues directly to coach in a civil and timely fashion**
 - 24-48 rule
 - Contact Director of Coaching if issue is unresolved



Rising 9U (2011) Club Fees

Red and Black Teams: \$2325 per player

Includes 20 off-season training sessions

White, Silver, Gray, Gold Teams: \$2125 per player

Includes 10 off-season training sessions

Installment plans are available for payments (1 time/4 month/9 month)

The player's commitment is June 2019-May 2020; families are expected to participate in and pay for this year-round program.

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What Your Fees Include

- **Coach Salary (training, leagues, and 4 tournaments)**
- **League Membership and Fees**
- **VYSA, USSF, USYSA Fees**
- **Referee Fees**
- **Risk Management Background Checks**
- **Technical Staff**
- **Operations Staff**
- **Club Administrative Costs**
- **Player Development Programs (TA and GK Academy)**
- **Off Season Training (summer and winter midweek)**
- **Winter Club Training (indoor) – 8 weeks**
- **Financial Assistance Program Support**
- **Coaching Education Costs**
- **Club Marketing & Communication**
- **Field and Facility Costs**
- **LSP Club Room**
- **Club Insurance**
- **Speed & Agility**



Team Fees

- **Teams maintain a separate Team bank account and collect directly from families for the following expenses):**
- Tournament Registration Costs
- Coach Travel Reimbursement Costs (out of area)
- Winter League/Futsal fees including coach fee
- Team equipment (bench, canopy, etc.)



Individual Fees

- **Uniform Expenses – families pay for uniform costs directly**
- Uniform kit for 9U : Estimated cost \$275-\$325
- 2-year cycle, new cycle 2019/20
- **Individual programs (Striker Academy, EDP)**
- **Personal travel to/from events**



Fundraising and Assistance

- **Families and teams may off-set their expenses through the following options:**
 - Field Lining (money raised toward individual account)
 - Team Fundraising (money raised toward team-account)
 - Club Financial Assistance - \$150K+ provided in 2018/19



Tryouts

- **Loudoun Soccer Coaching Staff oversee tryouts**
- **Families MUST pre-register for tryouts**
- **Only HEAD COACHES, Loudoun Professional Technical Staff, or otherwise approved staff serve as tryout evaluators**
- **It is an open, competitive tryout for ALL players**
- **Rosters “re-set” each year**
- **Players are selected by ability to the Red, Black, White, Silver, Gray, Gold teams**





TRYOUT SCHEDULE | 2011 Boys & Girls

2019 - 20

Sat 5/4/19

Sun 5/5/19

Sat 5/11/19

2011 Girls



5:45-7:15 PM

4:00-5:30 PM

5:45-7:15 PM

Sat 5/4/19

Sun 5/5/19

Sat 5/11/19

2011 Boys



4:00-5:30 PM

5:45-7:15 PM

4:00-5:30 PM

Players are STRONGLY encouraged to attend all three dates

Additional tryout dates
TBD if necessary



#REPTHERED

- **All Tryouts at Loudoun Soccer Park.**
- **Additional details and FAQs online; players MUST pre-register.**

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Tryout Attendance and Conflicts

- **Players encouraged to attend all 3 dates**
- **The more opportunities to see your child play, the better**
- **Notify Age Group Head Coach via email if child will miss any of the three dates**



Typical Tryout Format

- **10-15 minute group warm up – players with ball**
- **45 minutes – Small Sided Games**
- **30 minutes – Larger Sided Games (as space allows)**
- **Additional Tryouts may be held as needed**

- **Any player can tryout for Loudoun Soccer:**
 - From 8U Academy Program
 - From Recreation Program
 - Play ups from current Rec/Travel Program
 - Players from outside Club



Player Identification - What We Look For

- **Technical Ability**
- **Vision and Decision-Making**
- **Speed and Athleticism**
- **Character/Positive Attitude**
- **Defend/Attack transition**
- **Coachable**
- **Work Ethic**
- **Impact in the game**



Post Tryouts

- **Coaches select players to appropriate teams**
- **Some invitations will begin after the first tryout**
- **Majority invitations extended after 3rd tryout**
- **ALL families will be notified after the final tryout**
 - EVERY family will be contacted
 - Those not selected to any team will receive an email
 - May take as long as 7 days after the final tryout
- **Post Tryout Training/Team Meeting**



Navigating the “Silly Season”

- **Tryouts can be a confusing and chaotic time**
- **“Pressure” on players**
- **Anxiety among parents**
- **Misinformation and assumptions lead to bad decisions and regrets**



Tips to Navigating the “Silly Season”

- **Prepare your child physically: rest, hydration, nutrition**
- **Prepare them mentally: encourage them to stay focused and try their best – avoid creating panic and undue pressure**
- **Prepare yourself: breath deep, relax, don’t worry about which “field” your child plays on – trust the process**
- **Discuss options: be prepared to accept/reject offer by discussing pros/cons of options BEFORE offered: 24H**
- **This speeds up the process for all**
- **Address questions/concerns to club, Dan Raben, John O’Hara, age group head coaches**



Comprehensive Rec Options

- **For 2nd Graders:**
 - 2nd Grade In-House Rec (4v4)
 - Rec Technical Training Academy (optional)
 - Rec All Stars (2011s only - optional – organized by birth year)
- **For 3rd Graders:**
 - 3rd Grade In-House Rec or Challenge (7v7)
 - Rec Technical Training Academy (optional)
 - Rec Goalkeeper Academy (optional)
 - Rec All Stars (optional – organized by birth year)
- **Players from Rec often progress to Travel in future years.**
 - Every player's journey is different.



In Closing

- **Loudoun Soccer provides a quality, focused environment for player development**
- **Playing Style/Age Group Curriculum**
- **Our Technical staff, coaches, administrators, organizational structure, and facilities are the best in Northern VA**
- **Technical Training Programs (GK, Striker, TA, SAQ)**



In Closing

- **Off-Season Training Programs**
- **Consistent player, coach, & program evaluation and support**
- **Access to CCL and other competitions (State Cup)**
- **Access to ECNL Boys and Girls**
- **Proven Track Record of advancing players to the next level of play**



Contacts

- **John O'Hara, Director of Coaching:**
johara@loudounsoccer.com
- **Fiona Legg, Travel Program Manager:**
tpm@loudounsoccer.com
- **Chris Pruden (11 Boys Head Coach):**
chris.pruden@loudounsoccer.com
- **Dan Raben (11 Girls Head Coach):**
dan.raben@loudounsoccer.com



Loudoun Soccer

- **Developing Champions for Life!**
- **Q and A**
- **Thank you for attending!**

